

Rickenbacker Air National Guard Base, Columbus, Ohio

WING WATCH

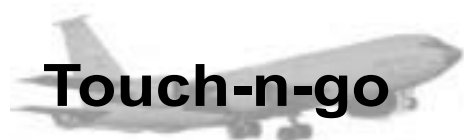
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121st Air Refueling Wing

June 2013



Molly Frey, a Pickerington, Ohio, native, stands with Cincinnati Reds manager Dusty Baker before her favorite team plays the Washington Nationals April 25, 2013, in Washington, D.C. Molly, who was invited onto the field at Nationals Park prior to the game, was one of four youths selected as a Military Kid of the Year by the Our Military Kids organization, a national nonprofit organization that provides activity grants to children of deployed National Guard, Reserve and Wounded and Fallen Warriors from all branches and components of service. (Courtesy photo)



Congratulations to Major Andy Powers, 121st ARW, who was selected as one of two Air National Guardsmen to attend the U.S. Army Command and General Staff College in Fort Leavenworth, Kansas. Maj. Powers will be attending the Intermediate Leadership Education course, which is the Army equivalent to Air University's Air Command and Staff College.



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Commander Col. Jim Jones
Vice Cmdr. Col. Joseph Schulz
PA Officer Capt. Erika Wonn
Superintendent Senior Master Sgt. Kim Frey
Journalist/Editor Master Sgt. Bill Pierce
Journalist Airman 1st Class Wendy Kuhn
Photographer Tech. Sgt. Zachary Wintgens

Wing Watch submissions

Articles, photos, announcements and other useful information should be submitted to the PA office by 12 p.m. Friday of Feb., May, Aug., and Nov. UTAs for print in the next issue. Material can be e-mailed to: 121ARW.WingWatch@ang.af.mil

Airman/NCO/SNCO Award Winners for 2nd Quarter 2013

It is with great pleasure that the 121st Chief's Council would like to announce the FY2013 2nd Quarter Wing award winners:

Senior NCO – Master Sgt. Leslie Miller – FSS
 NCO – Staff Sgt. Kasey Henkel – MDG
 Airman – Airman 1st Class Michael Templeton – LRS

121st Chiefs golf outing

The deadline to sign-up for the event is June 10. The price to participate is \$50/person or \$200/team, and includes lunch. Please remember that alcohol is prohibited.

The Chiefs provide extensive support to Airman and family programs and other charitable events throughout the year.

This event is their largest and most successful fundraising event. Please come out and join us for a fun day of golf and food and/or sponsor a hole.

For more information, please contact the command chief at x4651.



***** Confidential chat at VeteransCrisisLine.net or text to 838255 *****

Responding to Change

Lt. Col. Gregg Hesterman
121st Mission Support Group Commander

Commander's Column

Change. It's inevitable, as certain as death and taxes. Change encompasses our lives whether we want it to or not. Sometimes change is a good thing, sometimes it is unwanted. Here at the 121st, we are experiencing our share for sure. Whether it is the loss of our tails and the associated members, friends having to retire unexpectedly, or folks changing jobs; change impacts us no matter where we are. Change is a part of life; sometimes controlled, other times not so much.

Regardless of what drives change, there are a few elements which we can control. Primarily, how we respond. As I look back over my experiences, I notice one thing about change; during the times I have experienced a change, I have often grown the most. Whether it was driven by a change in career, location, family or health; every time I experienced a change, as I look back now, I see that I ended up being better off because of what I learned through the situation. This does not mean that the change was easy. Oftentimes, the bigger the change, the harder it was to adapt. However, if I have learned anything through life's changes, it is that when experiencing change how I react is key to my ability to adapt. When my attitude has been one of frustration or anger, my ability to adapt was reduced and often times took much longer. Those times when I chose to have a positive attitude as I waded my way through change, I often had a much more enjoyable experience and made the transition much quicker.

Personally, my most recent change from being in Ops to the Support Group has been one of the biggest of my career. Honestly, it has been a bit overwhelming at times. However, two things seem to be helping in my adaptation. One, I try to take small bites. I can't make the transition in one step. It will take time. I don't want to delay, but I need to be realistic as I learn my new position. Two, maintaining a positive attitude. We all have a choice, why not choose to be positive? This change has been huge for me; but some of the most fun I have ever had! Whether it is learning the new people, places or missions; it is a true joy to be adapting to this new environment. One last thing that has helped, the people I work with have been tremendous. This is not something that I can control, but something that has definitely assisted in my transition.

As we all go through life and inevitably experience change, I want to encourage you to control what you can; take small bites and maintain a positive attitude. And if you are lucky enough to have tremendous people supporting you, I guarantee you will succeed! It's as certain as death and taxes!



U.S. Air Force Lt. Col. Gregg Hesterman, mission support group commander, 121st Air Refueling Wing, shares a moment with his family (left to right), daughter, Hope; wife, Amy; daughter, Faith, after his change of command ceremony at the Redtail Dining Facility, Rickenbacker Air National Guard Base, Columbus, Ohio, May 4, 2013. (U.S. Air National Guard photo by Tech. Sgt. Zachary Wintgens)

Concern for one another

Maj. Michael Cassady
121st Chaplain



Two weeks ago the lectionary for pastors assigned the text of the Gospel of John 13:31-35, where Jesus stated how people will recognize people who wear his name: “By this everyone will know that you are my disciples, if you have love for one another” (John 13.35). I happened to be up from Georgia and preaching in a Dayton, Ohio church on that date, when during the “cares and concerns” of the congregation a dear sister stated that she had, in one week, lost her mother and then her grand-daughter.

Earlier in the text Jesus spoke of his glory, then said “I will be with you only a little longer ... Where I am going, you cannot come.” Jesus’ language about going away and leaving behind a group of people who will carry on his loving is the particular language of people who are devoted to each other; at least, that’s how I read that.

Now, when the dear sister shared her concerns with the congregation, I was particularly marked by the “gasps” in the audience, followed by the outpouring of affection and support for her. That’s always nice to see, I know. And, to hear. It is always comforting when people notice our needs and respond with concern.

I recalled when I spoke on the text how the desire to “hold on to the glory of God” was a mark of Jesus’ leaving, at least among those who loved him. Mary at the Resurrection tomb tried to hold on to the risen Jesus, for example; we, I said on that Sunday two weeks ago, try to do the same thing. But the good news for us in the absence of Jesus, I explained, was to be around his friends...who show his love for each other.. and others.

For the 121st it’s a similar kind of care and concern for our wingmen. In those “gasps” moments like that church sister who expressed her loss and received the care of the church, we have opportunities to ask how another is doing, encourage each other, and be a wingman.

The Chaplain’s Office offers support and spiritual encouragement to you, and is ready to be of service as a “visible reminder of the holy”. Our office is located on the 3rd Floor at Room 313, Building 887. May God richly bless you.



2013 Critical Days of Summer Campaign

Lt. Col. Scott Buzzard
121st Chief of Safety

The Air Force Critical Days of Summer Campaign 2013, which will run 24 May-3 September 2013, has been developed to raise awareness of the hazards during the summer season. It is an effort to help all Airmen mitigate those hazards and to understand that safety has a role in everything we do, both on- and off-duty. While all Airmen have a commitment to the Air Force core values, they must also have a commitment to their family, friends, co-workers and country to value safety as well as the safety of others, with the same intensity that is held for our other core values. Let's all return safe and sound. A few of this year's topics are:



On the Road Again: Private motor vehicle mishaps continue to be the number one cause of fatalities in the Air Force during the summer. Although the percentage of PMV-related fatalities during the previous three summers has decreased slightly (75 percent, 72 percent and 69 percent, respectively), it remains, by far, the major cause of fatalities throughout the summer.

Stone Cold Sober: Do you consider alcohol necessary to having a good time? Many people think alcohol is a complement to social events, good food and conversation with friends or family. Even if this is what you think, you must be prepared with a plan to prevent a mishap. What does that mean? It means not only having the plan, but knowing it is your responsibility to follow through with the plan. Use your designated driver; sleep over at your friend's house; call a taxi or simply don't drink.

Stormy Weather: Summer is the peak season for one of the nation's deadliest weather phenomena— lightning. In the United States, an average of 54 people are reported killed each year by lightning. In many parts of the world where Airmen are stationed, summer storms can seem to appear out of nowhere.

Born to be Wild: Motorcyclists will agree, the thrill of riding far outweighs the perils. Last year during the Critical Days of Summer months, the Air Force lost nine Airmen to motorcycle mishaps. Additionally, there were 95 reported mishaps involving a motorcycle that resulted in lost duty time.

Funeral in the Rain: The Labor Day holiday weekend is near. Because the weather will soon start to change, everyone wants to make the most of this long weekend, the last summer "bash." But you don't want it to end tragically. The National Safety Council has found that, for this weekend, traffic fatality estimates increase this weekend more than other holiday weekends. Don't become a statistic! The Air Force wants all Airmen, their families, friends and co-workers to return home safe and sound.

Each of the 14 weekly topics for this year's campaign will be posted on the 121 ARW Safety SharePoint page and distributed to commanders to be briefed to their sections.

Have a safe and fun summer!

Reveille, an enduring tradition

Airman 1st Class Wendy Kuhn
121st Public Affairs

The military is known for its traditions. Present in everything from ceremonies to etiquette, these traditions define exactly how and when things should be done. But why the rigidity? Have these rituals outlived their purpose in today's age of change and spontaneity?

One such tradition is the practice of sounding Reveille on military installations.

Reveille is observed on U.S. military bases worldwide, and is steeped in a rich history dating back as far as the Crusades.

Defined as a bugle call at about sunrise to signal the first military formation of the day, Reveille comes from the French word, "reveiller," which means to awaken. Reveille evolved from the American Army's experiences with the French and English armies during the Revolutionary War. In 1812, it became a drum call to notify troops to rise for the duty day and for sentries to cease night security challenges.

Each branch of the Army developed its own system of bugle and drum calls during the Civil War, which created some confusion. It was clear that a standard was needed. In 1867, Gen. Emory Upton directed Maj. Truman Seymour of the 5th U.S. Artillery to establish a definitive system of calls.

According to this system, Reveille was sounded at 6 a.m. Upon the last note, the flag was raised, the morning gun was fired and all troops assembled for morning roll call.

Much has changed since then. Most people rely on devices such as cell phones, alarm clocks and GPS watches to get the time of day – they don't need an installation-wide alert system. So, why still do it?

The answer lies in Seymour's idea, which not only dictated the time that Reveille should be sounded, but also implemented the practice of raising and paying honors to the flag.

These days, the time that Reveille is sounded varies from service to service and base to base, but the paying of honors to the flag remains constant.

Here at Rickenbacker Air National Guard Base, Reveille is sounded at 7:45 a.m. on Saturday of UTA weekends and Retreat is at 4:30 p.m. on Sunday.

"It forces all of us at least twice on a UTA weekend to recall for a moment all of the sacrifices that have been made on our behalf by all of those that have served before us," said Chief Master Sgt. Eric R. Wallace, 121st Air Refueling Wing Command Chief.

Change is inevitable in the Air Force. There is no way it can commit to fly, fight and win in air, space and cyberspace without it.



Members from the 121st Communications squadron perform Reveille at Rickenbacker Air National Guard Base, Columbus, Ohio, during May 2013 unit training assembly. Reveille is a steadfast tradition that evolved from the Revolutionary War. (U.S. Air National Guard photo by Tech. Sgt. Zachary Wintgens)

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Widowed Soldier's goodwill spurs free legal representation program for Ohio military service members and veterans

Master Sgt. Bill Pierce
121st Public Affairs

COLUMBUS, Ohio — Military personnel and veterans who live in Franklin County soon will be able to receive free limited legal assistance from the Moritz College of Law at The Ohio State University.

Through a joint partnership between the Ohio National Guard Judge Advocate General Corps and Moritz College of Law, the Capt. Jonathan D. Grassbaugh Veterans Project has become a reality.

Col. Duncan D. Aukland, Ohio National Guard state judge advocate, was working to implement an initiative known as the Ohio Military Veteran Legal Assistance Program (OMVLAP) when he met Capt. Jenna C. Grassbaugh.



Capt. Jenna Grassbaugh talks about the Jonathan D. Grassbaugh Veterans Project, named for her husband who was killed in Iraq in 2007, during the kickoff event April 5, 2013, at The Ohio State University Moritz College of Law.



First Lt. Jonathan D. Grassbaugh (left) and Cadet Jenna C. Parkinson pose together at the Army ROTC Awards Banquet May 6, 2006, at The Johns Hopkins University in Baltimore, Md. (Courtesy photo)

"Capt. Grassbaugh was searching for a way to make the tragic death of her husband in Iraq mean something," Aukland said. Jonathan Grassbaugh was killed in April 2007 in Zaganayah, Iraq, when an improvised explosive device detonated while he was conducting a combat logistics patrol.

Jenna is active-duty Army, currently assigned to Fort Jackson, S.C., and attending law school at OSU through the Army's Funded Legal Education Program. Grassbaugh wanted to do something more with the proceeds she received from her husband's life insurance benefit, so she formed the Capt. Jonathan D. Grassbaugh Veterans Project to assist Ohio military personnel and veterans.

"Jon's personal motto in life was 'non sibi,' which is Latin for 'not for oneself.' This Veterans Project is the very epitome of that philosophy and embodies the meaning of his sacrifice," Grassbaugh said. "It illustrates the kind of selflessness with which he lived his life and was evidenced every day in the way he loved me. To say that I was lucky to experience that kind of love — even if fleetingly — does not do justice to how grateful I feel to call myself his wife."

Through this program, third-year law students are chosen to assist military personnel and veterans (regardless of income), providing legal representation for five specific areas: landlord/tenant issues (the right to terminate a lease); Servicemembers Civil Relief Act (getting a default judgment removed); Rule of Practice Civil Rule No. 60 (statutory right that governs the process); debtor/creditor issues (someone is being sued); and representing service members if an impending default judgment is entered against them while they are deployed (foreclosure remedies).

The five specific areas recommended by the program development team will be approved by OSU law school officials in the near future, according to Aukland.

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Maj. Gen. Deborah A. Ashenhurst, Ohio adjutant general, and Brig. Gen. John C. Harris Jr., Ohio assistant adjutant general for Army, have offered the Ohio National Guard JAG Corps to provide supervision and mentorship for the students, Aukland said.

While requesting Franklin County-area volunteers, Aukland received six positive responses from attorneys willing to assist with the program beginning this fall. Aukland is hopeful that additional attorneys will offer assistance with this program because it is a tremendous service for Ohio's military service members and veterans.



Ohio State University President E. Gordon Gee (first row, from left), Capt. Jenna Grassbaugh and Col. Duncan Aukland, Ohio National Guard staff judge advocate, attend the kickoff event for the Jonathan D. Grassbaugh Veterans Project. Jenna, who currently attends law school at OSU through the Army's Funded Legal Education Program, began the project by donating \$250,000 of the proceeds from her husband's life insurance policy to help provide veterans and military personnel with free legal assistance from OSU law students.

"We have many local attorneys who have been judge advocates and we think an effort can be made to reach out to them and get them involved," Aukland said. "These are essential legal services that our military members and veterans need but many cannot afford. That's why this program and the volunteers are tremendously appreciated by our Ohio National Guard leadership and its members."

The Franklin County Municipal Court determined that the training provided to the students meets requirements for participating lawyers to be covered under OSU's malpractice insurance.

Although this project will begin with Franklin County as a pilot program, Aukland said he hopes it will spread throughout Ohio over time.

"Certainly, other colleges in the major metropolitan areas could have a similar program," Aukland said. "Those colleges have law schools that are connected with their community, and I am certain they have enough military personnel and veterans to warrant a program like this one."

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Reveille...

The one thing that should not change, however, is our commitment to the ideals that were forged long ago. The act of paying respect to the flag under which we serve daily is a display of that commitment, and it should be consistent and unwavering.



Pickerington, Ohio, 7th-grader named national Military Kid of Year

Master Sgt. Bill Pierce
121st Public Affairs

COLUMBUS, Ohio — Molly Frey, a 12-year-old from Pickerington, Ohio, and daughter of two Airmen with the Ohio Air National Guard's 121st Air Refueling Wing, was recently recognized as one of four Military Kids of the Year by the Our Military Kids organization. The daughter of Senior Master Sgts. Kim and Renee Frey, Molly was selected because, in addition to being an "excellent ballet dancer," she is an accomplished figure skater and sailor, and has helped raise money for breast cancer awareness by participating in Skate for Hope, an organization that has raised \$430,000 for breast cancer research, according to Our Military Kids officials.

Our Military Kids is a national nonprofit organization that provides activity grants to children of deployed National Guard and Reserve members, along with Wounded and Fallen Warriors from all branches and components of service. To compete to be a Military Kid of the Year, a child had to receive an initial grant, be an active volunteer in his or her community and have a parent deployed.

Molly's father, Kim, was deployed to Camp Leatherneck, a 1,600-acre Marine Corps base located in Helmand Province, Afghanistan, in 2012, when Molly received her grant.

Molly's mother, Renee, sent in the nomination paperwork not knowing that Molly would be one of only four children selected from across the country. She was chosen out of about 100 candidates who qualified.

"I surprised Molly by showing up in her classroom at Pickerington Lakeview Junior High to tell her she was selected," Renee said. "She thought it was the neatest thing that I told her in front of her classmates."

After being selected, Molly was flown with her mother in April to Arlington, Va., to attend the Our Military Kids' fourth annual "A Celebration of our Military Kids' Star Power" awards program.

Upon their arrival, they met with U.S. Rep. Steve Stivers, of Ohio's 15th Congressional District, and toured the Capitol and Pentagon.

"It was a very moving experience to see the memorial that was built for employees killed during the terrorist attack at the Pentagon on Sept. 11, 2001," Renee said.

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Later that day, Molly attended a Washington Nationals baseball game where the hometown club competed against her favorite team, the Cincinnati Reds.

"My favorite part was posing for a photo with Reds manager Dusty Baker," Molly said. "I'm a huge Reds fan."

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A visit to “The Boneyard”

Photos by Tech. Sgt. Zacharay Wintgens
121st Public Affairs

A KC-135 aircraft from the 121st Air Refueling Wing was flown from Rickenbacker Air National Guard Base, Columbus, Ohio, to Davis-Monthan Air Force Base, Tucson, Ariz., March 26, 2013. The aircraft was retired to the 309th Aerospace Maintenance and Regeneration Group, also known as “The Boneyard.” It was one of seven that will be decommissioned from the unit. Aircraft from all branches of the military cover the desert landscape at the 309 AMARG.



E5 - E6 Vacancy Listings

<u>Close</u>	<u>AFSC</u>	<u>Unit</u>	<u>Duty Title</u>	<u>Rank</u>
10 June	3E0x2	CES	Electrical Power Production	SSgt
10 June	3E9x1	CES	Readiness	SSgt
10 June	3D1x4	CF	Spectrum Operations	SSgt
10 June	3D1x3	220 EIS	RF Trans	SSgt
10 June	3D1x6	220 EIS	Airfield Systems	SSgt
Until Filled	47G3	MDG	Dentist	2Lt
Until Filled	52R3	ARW	Chaplain	2Lt
Until Filled	42E3	MDG	Optometrist	2Lt
15 July	32E4	State HQ	*Director, Engineering & Installations	Lt Col
4 June	1S0x1	220 EIS	*Safety NCOIC	TSgt
10 June	6C0x1	MSG	*Contracting	TSgt
15 July	43Hx	MDG	Public Health Officer	Lt Col
15 July	46Nx E	MDG	Critical Care Nurse	Maj
4 June	3Ex9X	CES	*4FPAN Supervisor	SMSgt
4 June	31P3	FSS	Security Forces Officer	Maj
4 June	35P3	ARW	Public Affairs Officer	Maj
18 June	3P1X1	SFS	Security Forces	MSgt (multiple vacancies)
18 June	3E9X1	220 EIS	Readiness	MSgt
18 June	3D1X3	220 EIS	Radio Systems	TSgt
18 June	3E6X1	CES	Operations	MSgt
18 June	3E5X1	CES	Engineering	TSgt
15 June	3D171	State HQ	*C4 Systems Supt.	SMSgt
15 July	2S091	LRS	Warehouse Supt.	SMSgt
15 July	2A590	MOF	Aerospace Maintenance Supt.	SMSgt
15 July	17D3	220 EIS	Cyberspace Ops Engineering OIC	Maj

* Additional requirements must be met

Completed applications should be turned in to:

121 FSS/CCROM

ATTN: MSgt Shantina Byrd

7370 Minuteman Way

Rickenbacker IAP, Columbus, Ohio 43217-1161

If you have any questions, please email us at 121ARW/FSSAdverstisedJobs@ang.af.mil or 614-492-3797

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Pickerington, 7th grader...

The next night was the Our Military Kids ceremony which focused on the four nationwide Military Kids of the Year award recipients and the 2013 Military Family of the Year. Molly's part of the ceremony was performing a ballet routine that she choreographed herself. With the help of her instructors, she put together a routine to Leonard Cohen's "Hallelujah," a song she heard her father playing on his guitar after he returned from deployment.

Molly said the best part of the trip was meeting the other Military Kids of the Year recipients, who hailed from California, Florida and Louisiana.

"I think it's such a great thing that military kids get honored, because in a military Family we all serve." Molly said.



The 121st Air Refueling Wing's Race for the Cure team, entitled "Shantina's Team", participated in this year's Komen Columbus Race for the Cure in downtown Columbus, May 18, 2013. The team raised more than \$400 in donations for the Susan G. Komen for the Cure organization, which raises money for breast cancer research, education, advocacy, health services and support programs. More than 40 Guardsmen and family members made up the team. (Courtesy photo)



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